



Press Release

International Day of Yoga

The Cochin Port Authority celebrated the International Yoga Day on 21-06-2023 at Samudrika Hall, Willingdon Island, under the auspices of Chairperson Dr. M. Beena IAS. Shri Vikas Narwal IAS, Dy. Chairperson, Cochin Port Authority, Shri S.R. Saravanan IPS, Inspector General -CISF, Smt. C. Premakumari, Secretary, Shri V. Thuraipandyan, Chief Mechanical Engineer, Shri. Malla Srinivasa Rao, Financial Adviser & Chief Accounts Officer, Smt. E. Rema, Chief Engineer, Shri Neeraj Kumar Patel, Dy. Commandant CISF, Senior Officials, employees of Cochin Port Authority, and CISF personnel participated in the International Yoga Day celebration.

International Yoga Day is also, celebrated on Board Vessel MV Lagoons berthed at Ernakulam Wharf of Cochin Port Authority. Capt. Joseph J. Alapat, Dy. Conservator of Cochin Port Authority, Dr. K.I. Muthukoya, Chief Medical Officer (i/c), Capt. Madan Damodaran, Captain of MV Lagoons, CISF personnel and Staff of MV Lagoons, were participated.

International Yoga Day celebrations were celebrated under the leadership of Yogacharya Shri Johny Jose & team at both venues.

(21.06.2023)

